



ISPSO 34th Annual Meeting, Copenhagen 3rd - 9th July 2017: Dreams always take place: Spaces, Places, Rooms, and Furniture, inside and around us

PROFESSIONAL DEVELOPMENT WORKSHOP 7

Tuesday 4th July 930-1630

Room: 7.0.08

Rose Redding Mersky: Social Dream-Drawing: A Valuable Professional Transitional Learning Space

Developed over a period of seven years and subsequently researched using a Psycho-Social approach, this methodology helps those going through both personal and professional transitions to better understand and cope with the inevitable pressures associated with these big life changes. Through my research, I have demonstrated that SDD can be a very valuable individual transformative professional learning experience, as well as an important resource for those going through major transitions in their working and personal lives.

Participants in this workshop will learn not only how to facilitate such a methodology, but also the key underlying theoretical concepts and the specific research findings.

This workshop would be particularly useful for those

- leading coaching programs and other professional development programs
- working with professional cohorts, such as groups of social workers, doctors, managers or teachers
- working specifically with people going through major life transitions, such as those relocating their homes and/or switching jobs or going into retirement.

Although developed from the ideas of Social Dreaming, this methodology adds the element of the visual aspect of dreams and focuses more on individual insight and development, rather than underlying group dynamics. It is through the revelation of the collective unconscious that self-awareness emerges. Because it accesses the unconscious of participants and is conducted in the spirit of creative fun, it serves as an excellent complement to other professional development tools. The theme of this workshop is „Providing space for dreams in my transition“.



Rose Redding Mersky, M.S., has been an organizational development consultant and executive coach for over 25 years. She offers workshops in various socioanalytic methodologies, such as Organizational Role Analysis,

Social Dream-Drawing, Organizational Observation, Social Photo-Matrix and Social Dreaming. She is an International Honorary Trustee of the Gordon Lawrence Foundation for the Promotion of Social Dreaming. She has been a member ISPSO for 25 years and served as its first female president. Her publications have focused primarily on the practice of consultation and the utilization of these methodologies in both organizational and research practice. She is about to receive her doctorate from the Centre for Psycho-Social Studies at the University of West England in Bristol, U.K. She lives and works in Germany. E-Mail: rosemer@earthlink.net; website: www.rrm-consulting.com.