



ISPSO 34th Annual Meeting, Copenhagen 3rd - 9th July 2017: Dreams always take place: Spaces, Places, Rooms, and Furniture, inside and around us

PROFESSIONAL DEVELOPMENT WORKSHOP 2

Monday 3rd July 930-1630

Room: 7.0.01

Richard Morgan-Jones and Halina Brunning: *The Trilogy Event: a new tool of our trade*

The **Purpose** of this workshop is to introduce and demonstrate a design for experiential learning that integrates three levels of psychodynamics and explores the relationship between them. The three levels are the 1) the emotional experience, 2) the group dynamics and 3) the organisation in its societal context. Learning generated includes how the dynamic from one level intrudes into the others.

The **Design** of the event is shaped by three groups meeting in concentric circles or in

smaller settings like work consultation, team development or strategy building. Each group works one at a time observed by the others. Each group makes use of the professional skills central in applying a systems psychodynamic approach, namely how to study emotional experience, group dynamics and organisational open-system dynamics to a given focus or dilemma. This design has been used with groups in a variety of contexts with from 4 to 80 people. In a group relations conference, it could be situated between ending “here and now” events and beginning the application and review groups in the final stage of a conference.

The **Trilogy approach** will be outlined and used as a tool for members to bring their own practice, career and work dilemmas.



Richard Morgan-Jones is a psychoanalytic psychotherapist and organisational and group relations consultant from Eastbourne, Sussex, UK. He is a training therapist and supervisor at the British Psychoanalytic Federation. He directs Work Force Health: Consulting and Research. He is a member of the Organization for Promoting the Understanding of Society (OPUS), board member of the International Society for the Psychoanalytic Study of Organizations (ISPSO) and a mentor for the AK Rice Institute. He is the author of “The Body of the Organisation and its Health”.

Halina Brunning is a Chartered Clinical Psychologist, freelance Organizational Consultant and Accredited Executive Coach. She has published extensively on clinical and organizational issues, edited several books for Karnac including *Executive Coaching: Systems-Psychodynamic Perspective* (2006) translated into Italian in 2009 as *La Matutensione del Capo, Psychoanalytic Perspectives on a Turbulent World* (with Mario Perini) (2010), *Psychoanalytic Reflections on a Changing World* (2012) and *Psychoanalytic Essays on Power and Vulnerability* (2014). She conducted training events on systems-psychodynamic coaching in Europe and the UK. Currently she is interested in running workshops and conferences based on the ideas generated by the trilogy of books, the first of such events took place in Warsaw, it was called Poland on the Couch.